

TO: Cross Country Coach  
FROM: David Clark  
SUBJECT: Newark Invitational Entries  
DATE: August 26, 2019

Here are the entry instructions for the Newark Invitational. Hope your season is going well and thanks for attending the 54th Invitational.

ENTRIES: This year will be done through Baumspage. After August 24th, please go to [www.baumspage.com](http://www.baumspage.com) and click the link for the Newark Invitational on 9/14/19 on the cross country page. Rosters are due by Wednesday, September 11, 2019 and will close at 11:59 a.m. If an athlete is definitely not running please click the NOT participating box before submitting your roster.

Email: [dclark@laca.org](mailto:dclark@laca.org)

Fax: 740-670-7439 Please send faxes to my attention.

September 14, 2019 time schedule

9:00 a.m. 3<sup>rd</sup> grade and under/approximately ½ mile. Boys and girls run together, awards handed out in chute. Collect \$1.00 on the start line to run.  
9:30 a.m. 4<sup>th</sup> – 6<sup>th</sup> grade/approximately 1 mile. Boys and girls run together, awards handed out in chute. Collect \$1.00 on the start line to run.  
10:00 a.m. Varsity Middle School Girls (up to 7 runners)  
10:30 a.m. Varsity Middle School Boys (up to 7 runners)  
11:00 a.m. Junior Varsity Middle School Girls  
11:30 a.m. Junior Varsity Middle School Boys  
11:00 a.m. High School Boys (All)  
11:30 a.m. High School Girls (All)

If you have any questions please let me know. You can email me at [dclark@laca.org](mailto:dclark@laca.org) or call at 740-398-7913.

Thank you for your interest in the Newark Invitational and good luck as practice for the 2019 season begins.

David Clark  
Cross Country Coach  
Newark High School

## 54th Annual Newark Cross Country Invitational

Saturday, September 14, 2019

Evans Athletic Complex

Newark, Ohio

3<sup>rd</sup> grade & under 9:00 a.m.

4<sup>th</sup>-6<sup>th</sup> grade 9:30 a.m.

10:00 a.m. Varsity MS Girls (up to 7 runners)

10:30 a.m. Varsity MS Boys (up to 7 runners)

11:00 a.m. Junior Varsity Middle School Girls

11:30 a.m. Junior Varsity Middle School Boys

11:00 a.m. High School Boys

11:30 a.m. High School Girls

\$150.00 Maximum entry fee for any school  
(including middle school)

\$75.00 High School Boys only

\$75.00 High School Girls only

\$1.00 at the start line

\$1.00 at the start line

\$50.00 Middle School only

\$30.00 Middle School Girls only

\$30.00 Middle School Boys only

The Newark Cross Country Invitational was first held in 1966 on the campus of Newark High School. In 1969 the meet was moved to Moundbuilder's State Park and then to its present location, The Evans Athletic complex in 1989.

The meet offers good competition, computer scoring, and timely results. I hope that you will consider joining us for our 54<sup>th</sup> annual meet.

If you have questions, please contact me using the information below. Please return the contract or let me know of your intention to attend as soon as you can.

Sincerely,

David Clark

Cross Country Coach

[dclark@laca.org](mailto:dclark@laca.org)

# 54th

## Newark

### Cross Country

### Invitational

### September 14, 2019

The Newark Cross Country Invitational was started in 1966 by Cross Country Coach Jake Harlow and continues today through the efforts of Coaches Jim Forgraves (1967), Ray Kress (1968-73), Phil Torrens (1974-79), Steve Wilkin (1980-2005), Randy Noftz (2006-2017), and David Clark (2018-Present). The meet was first held on the campus of Newark High School. The meet was moved to Moundbuilder's State Park in 1969 and moved again to its present site, the Evans Athletic complex, in 1989. A girl's race was added in 1984 and Middle School races were added in 1989. We, at Newark High School, hope that you enjoy the competition.

<u>Teams</u>	<u>Time Schedule</u>	<u>Race</u>
9:00 a.m.	Under 3 <sup>rd</sup> grade	
9:30 a.m.	4 <sup>th</sup> – 6 <sup>th</sup> grade	
10:00 a.m.	Varsity Middle School Girls (up to 7 runners)	
10:30 a.m.	Varsity Middle School Boys (up to 7 runners)	
11:00 a.m.	Junior Varsity Middle School Girls	
11:30 a.m.	Junior Varsity Middle School Boys	
11:00 a.m.	High School Boys (All)	
11:30 a.m.	High School Girls (All)	

#### Middle & High School

**Results will be available by the evening at [www.baumspage.com](http://www.baumspage.com)**

**Newark Cross Country Invitational 1966-2019**

**Individual Records**

**Boys**

Middle School: Shane Sullivan, Zanesville, 10:11, 1993 (3k)  
High School: Brian Hesson, Caldwell, 15:34, 1991 (5k)

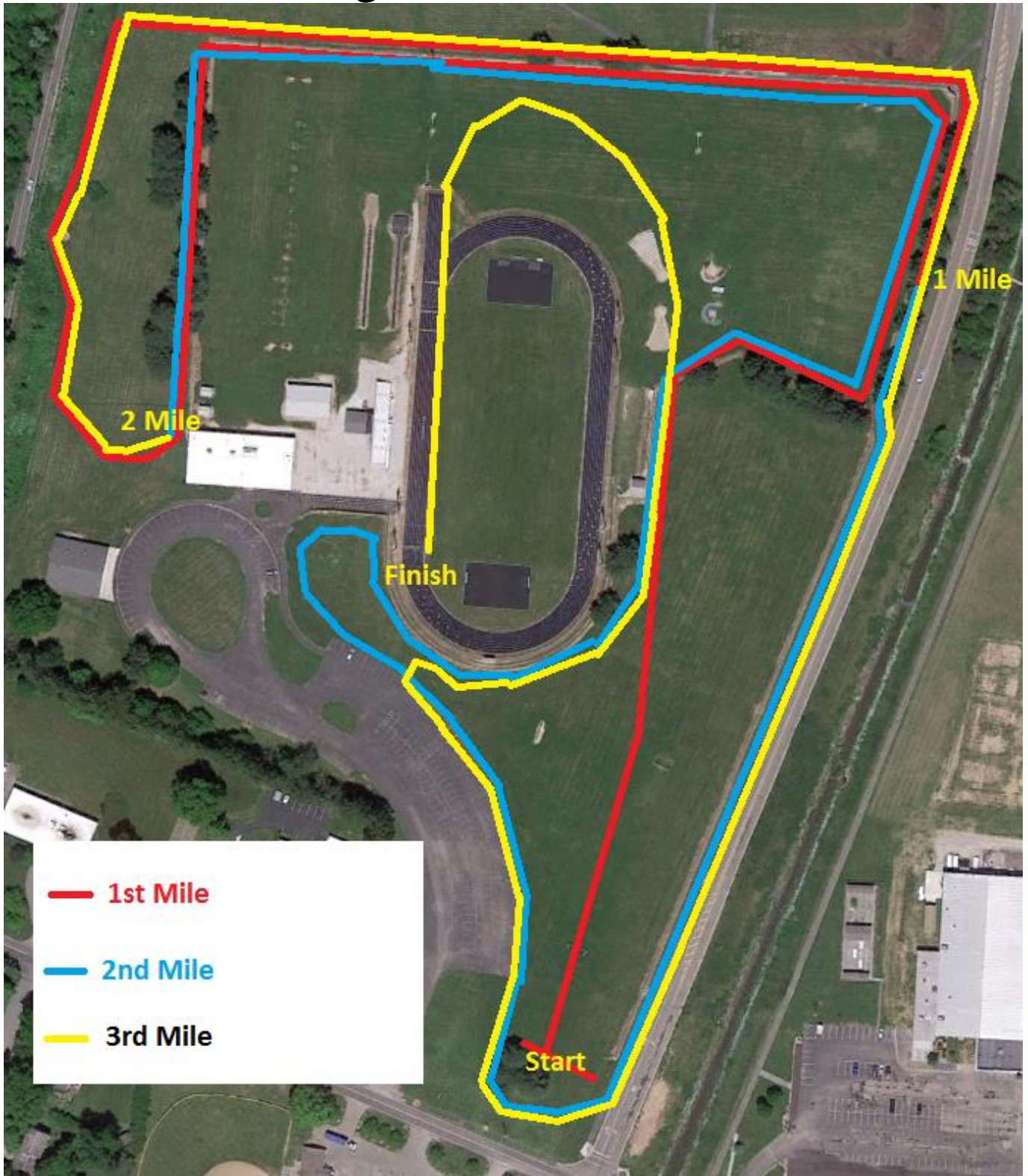
**Girls**

Middle School: Lauren Clark, Dublin Grizzell, 11:54 1995 (3k)  
High School: Alyson Butterfield, T. Worthington, 18:12, 1993

**Team Champions**

<b>Year</b>	<b>Boys</b>	<b>Girls</b>
1966	Upper Arlington	
1967	Lancaster	
1968	Lancaster	
1969	Upper Arlington	
1970	Sec. 1: Heath, Sec. 2: Upper Arlington	
1971	Sylvania	
1972	Sec. 1: Worthington, Sec. 2: Upper Arlington	
1973	Sec. 1: Upper Arlington, Sec. 2: Worthington	
1974	Upper Arlington	
1975	Delaware	
1976	Reynoldsburg & Columbus Whetstone	
1977	Lancaster	
1978	Lancaster	
1979	Lancaster	
1980	Worthington	
1981	Upper Arlington	
1982	Delaware	
1983	Worthington	
1984	Worthington	Worthington
1985	Worthington	Worthington
1986	Zanesville	Upper Arlington
1987	Caldwell	Upper Arlington
1988	Zanesville	Upper Arlington
1989	Caldwell	Worthington
1990	Caldwell	Worthington
1991	Caldwell	Thomas Worthington
1992	Amanda Clearcreek	Thomas Worthington
1993	Cincinnati LaSalle	Thomas Worthington
1994	Cincinnati LaSalle	Thomas Worthington
1995	Reynoldsburg	Upper Arlington
1996	Dublin Coffman	Dublin Coffman
1997	Mt. Vernon	Upper Arlington
1998	Delaware	Upper Arlington
1999	Mt. Vernon	Upper Arlington
2000	Mt. Vernon	Upper Arlington
2001	Westland	Upper Arlington
2002	Chillicothe	Upper Arlington
2003	Chillicothe	Upper Arlington
2004	Upper Arlington	Upper Arlington
2005	Upper Arlington	Upper Arlington
2006	Upper Arlington	Upper Arlington
2007	Newark	Upper Arlington
2008	Upper Arlington	Upper Arlington
2009	Upper Arlington	Upper Arlington
2010	Newark	Upper Arlington
2011	Newark	Upper Arlington
2012	Newark	Upper Arlington
2013	Newark	Canal Winchester
2014	Canal Winchester	Canal Winchester
2015	Newark	Canal Winchester
2016	Newark	Canal Winchester
2017	Newark	Reynoldsburg
2018	Canal Winchester	Licking Valley

# High School Course



# Middle School Course

